



Saint Anselm Parish

Guidebook & Directory 2021 - 2022



530 South Mason Road
Creve Coeur, MO 63141

Office: 314.878.2120
parishoffice@stanselmstl.org

www.stanselmstl.org

Saint Anselm Parish

530 South Mason Road, Creve Coeur, Missouri 63141-8522

Parish Office 314.878.2120 ~ E-mail: parishoffice@stanselmstl.org ~ Website: www.stanselmstl.org

Emergency Night Phone: 314.606.4186 or 314.456.1302

After hours you may call 314.878.2120 and leave voicemail messages.

Facebook: Saint Anselm Parish and St. Anselm PSR (Parish School of Religion)

Twitter: @Anselm_YG (Youth) Instagram: @Anselm_YG (Youth)

Schedule of Religious Services

MASSES

Sunday	7:30 and 9:00 a.m. in the Abbey Church 11:00 a.m. and 5:30 p.m. in the Parish Center
Monday - Friday	6:30 and *8:30 a.m. in the Adoration Chapel 7:30 a.m. and 5:30 p.m. in the Abbey Church * <i>First Friday Anointing of the Sick</i>
Saturday	7:30, 8:45 a.m. and 4:30 p.m. in the Abbey Church
Holy Days of Obligation	6:30 and 8:30 a.m. in the Adoration Chapel 7:30 and 9:00 a.m. in the Abbey Church 5:30 p.m. in the Parish Center
Holidays	6:30 and 8:30 a.m. in the Adoration Chapel 7:30 and 9:00 a.m. in the Abbey Church (Martin Luther King Day, Presidents' Day, Memorial Day, 4th of July, Labor Day, and Thanksgiving)

CONFESSIONS - Confessional by west door of Abbey Church

Sunday	30 minutes before Masses, or after each Mass by request
Tuesday & Thursday	5:00 p.m.
Saturday	After 7:30 a.m. Mass, and 4:00 p.m.

STATIONS OF THE CROSS

Friday evenings at 7:00 p.m. in Parish Center during Lent

EUCCHARISTIC ADORATION

Tuesdays and Thursdays from 7:00 a.m.-4:00 p.m. in the Adoration Chapel

Parish Staff

314.878.2120

Pastor, Rev. Aidan McDermott, o.s.B. ext. 12
(Night phone, for emergencies only please) 314.456.1302
fraidan@stanselmstl.org

Pastor Emeritus, Very Rev. Gerard Garrigan, o.s.B.
(Night phone, for emergencies only please) 314.606.4186
frgerard@priory.org

Associate Pastor, Fr. Francis Hein, o.s.B. 20
frfrancis@stanselmstl.org

Deacon Charlie Durban
deaconcharlie@stanselmstl.org

Director of Business Administration,
Mrs. Frances Schmitz 16
fschmitz@stanselmstl.org

Communications Coordinator, Miss Katelyn Hansell.. 11
communications@stanselmstl.org

Director of Music, Dr. Andrzej Zahorski..... 14
zahorski@stanselmstl.org

Director of Youth Ministry Music, Mrs. Carmen Hinze.... 23
youthmusic@stanselmstl.org

Coordinator of Religious Education (PSR),
Mr. Greg Siemer 17
gsiemer@stanselmstl.org

Youth Minister, Miss Courtney Rockamann..... 18
youth@stanselmstl.org

Adult Faith Formation, Mr. David Straub..... 19
dstraub@stanselmstl.org

Maintenance, Mr. Larry Braymiller
maintenance@stanselmstl.org

PARISH POLICY FOR INCLEMENT WEATHER

If the Parkway School System closes, all meetings and PSR classes scheduled at the Parish Center and the Parish House will be canceled for that day. If the Priory School is closed, the Parish Office will also be closed. For PSR closings, families will be contacted by Greg Siemer.

Contact Person for Parish Activities & Organizations

ACTS OF KINDNESS MINISTRY:

Julia Masetti juliamasetti@live.com

ADULT FAITH FORMATION:

David Straub..... 314.878.2120 ext. 19
..... dstraub@stanselmstl.org

ALTAR SERVERS:

Fr. Francis Hein 314.878.2120 ext. 20
..... frfrancis@stanselmstl.org

ALTAR SOCIETY:

Mary Lu Fritz 314.434.5142
..... maryluwjs@aol.com

ANNUAL CATHOLIC APPEAL:

Frances Schmitz..... 314.878.2120 ext. 16
..... fschmitz@stanselmstl.org

ATHLETIC ASSOCIATION:

John Steinhubl stanselmathleticassociation@gmail.com

BAPTISM PREPARATION:

Parish Office 314.878.2120
..... parishoffice@stanselmstl.org

BUSINESS:

Frances Schmitz..... 314.878.2120 ext. 16
..... fschmitz@stanselmstl.org

CATHOLIC MEN FOR CHRIST:

Bob Welsh..... 314.805.7788
..... rwwelsh77@att.net

CENACLE FOR LIFE:

Marge Merjavy 314.580.1708
..... marge.merjavy@gmail.com

CHOIR:

Andrzej Zahorski 314.878.2120 ext. 14
..... zahorski@stanselmstl.org

CHRISTMAS STORY CAMP:

Courtney Rockamann 314.878.2120 ext. 18
..... youth@stanselmstl.org

CONFIRMATION PREPARATION:

Courtney Rockamann 314.878.2120 ext. 18
..... youth@stanselmstl.org

CORE TEAM:

Courtney Rockamann 314.878.2120 ext. 18
..... youth@stanselmstl.org

EUCCHARISTIC ADORATION:

Tricia Newell 314.540.0034
..... trnewell85@gmail.com

EXTRAORDINARY MINISTERS OF HOLY

COMMUNION:

Patti Meitner 314.786.5464

FAMILY MASS CHOIR:

Carmen Hinze..... 314.878.2120 ext. 23
..... youthmusic@stanselmstl.org

FINANCE COMMITTEE:

Jim Nowicke 314.822.7012
..... jim.nowicke@gmail.com

FUNERAL OUTREACH:

Marlene Cheswick 314.576.1099
..... cheswickm@yahoo.com

GRAND ENDEAVOR:

Steve McNair stwmcnair@gmail.com

HAITI COMMITTEE:

Bob Kelly 314.878.0254

JONAH MINISTERS:

Helaine Boland helaineb@ymail.com

LECTORS:

Rick Voytas 314.786.5755

MARTHA AND MARY GROUP:

Anne Herr anneherr@hotmail.com

NURSING HOME VOLUNTEERS:

David Straub 314.878.2120 ext. 19
..... dstraub@stanselmstl.org

OFFERTORY TABULATING TEAMS:

David Schopp davidschopp16@gmail.com

OFFICE VOLUNTEERS:

Katelyn Hansell 314.878.2120 ext. 11
..... communications@stanselmstl.org

PARISH COUNCIL:

Rachel Micheletti rachel.a.micheletti@gmail.com

PARISH SCHOOL OF RELIGION (PSR):

Greg Siemer 314.878.2120 ext. 17
..... gsiemer@stanselmstl.org

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA):

Barbara Kruse 314.422.3920
..... barbarabroadviewfarm@gmail.com

SAFE ENVIRONMENT PROGRAM:

Katelyn Hansell 314.878.2120 ext. 11
..... communications@stanselmstl.org

STEWARDSHIP:

Jim Nowicke 314.822.7012
..... jim.nowicke@gmail.com

ST. PATRICK'S LUNCH PROGRAM:

Marge Aylward 314.434.5585

ST. VINCENT DE PAUL SOCIETY:

R.B. Clark III 636.778.0357
..... rbc3rd@sbcglobal.net

SVDP FOOD PANTRY:

R.B. Clark III 636.778.0357
..... rbc3rd@sbcglobal.net

TOTUS TUUS:

Greg Siemer 314.878.2120 ext. 17
..... gsiemer@stanselmstl.org

USHERS/GREETERS:

Fr. Francis Hein 314.878.2120 ext. 20

WEST COUNTY SEPARATED, DIVORCED &

WIDOWED CATHOLICS:

Marlene Cheswick 314.576.1099
..... cheswickm@yahoo.com

WHITE HOUSE RETREAT:

Jack Hodge 314.614.0427
Ron Jaudes 314.560.3655
Marge Aylward 314.434.5585

WOMEN'S FELLOWSHIP:

Audrey Altepeter 314.608.3580
..... audreyaltepeter@hotmail.com

WORSHIP COMMITTEE:

Fr. Aidan McDermott 314.878.2120 ext. 12
..... fraidan@stanselmstl.org

YOUTH MINISTRY:

Courtney Rockamann 314.878.2120 ext. 18
..... youth@stanselmstl.org

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Saint Anselm Parish Mission Statement

Our mission is to imitate Jesus Christ by loving and serving all people in and outside our community. In cooperation with the Abbey, the Priory School, and the Archdiocese of St. Louis, we strive to share the love of God.

Brief History of Saint Anselm Parish

St. Anselm Catholic Church is in the Archdiocese of St. Louis. Parish origins and present life are closely linked to the Benedictine community of St. Mary and St. Louis Abbey.

In the early 1950s, a delegation representing Archbishop Joseph E. Ritter delivered a formal invitation to the Benedictines at Ampleforth Abbey in England to establish a monastery and a college preparatory school for boys in St. Louis. The invitation was accepted, and the first monks (Fr. Columba, Luke, and Timothy) arrived in October of 1955.

On March 19 of the same year, the Priory of St. Mary and St. Louis was incorporated. After some searching, the firm of Hellmuth, Obata & Kassabaum was chosen to design Priory buildings, including the church now shared with the parish.

When Cardinal Ritter established the parish of St. Anselm in August 1966, he chose Rev. Robert P. Slattery as pastor to serve the rapidly increasing population of West County.

Fr. Columba invited Fr. Slattery to use the monastic church until a new church could be built on Ladue Road. A relationship that began as a temporary accommodation deepened and, in May of 1968, representatives of the Archdiocese and the Benedictine community signed agreements that the parish of St. Anselm be formally constituted on the grounds of St. Louis Priory. At this time, agreements concerning the sharing of expenses and buildings were drafted. In 1972, Monsignor Slattery built a Parish House and, later, a Parish Center that contains offices, classrooms, assembly rooms, and a kitchen.

In March 1981, Msgr. Slattery was appointed Director of Catholic Charities and, in accord with the agreements of 1968, Archbishop May offered administration of the parish to the Benedictine community. Fr. Timothy Horner, O.S.B. was appointed pastor and confirmed by the Archbishop on May 31, 1981. On June 16, 1989, St. Louis Priory became an abbey, and Prior Luke Rigby was elected the first abbot. On reaching retirement age, Fr. Timothy submitted his resignation as pastor. Fr. Benedict Allin, O.S.B. was appointed Parish Administrator for one year starting July 1, 1995. Fr. Thomas Frerking, O.S.B. was elected abbot of the Benedictine community to succeed Abbot Luke in June 1995. On July 7, 1996, Fr. Gerard Garrigan, O.S.B. was appointed pastor. In a letter to members of the parish dated March 28, 2012, Abbot Thomas Frerking, O.S.B. with approval of Archbishop Robert Carlson, announced the appointment of Fr. Michael Brunner, O.S.B. as pastor effective November 1, 2012. Our current pastor is Fr. Aidan McDermott, O.S.B., who was installed as pastor on January 26, 2019.

Fr. Gerard was appointed Pastor Emeritus and Fr. Benedict became Senior Priest in Residence of the parish.

Several monks of St. Louis Abbey also assist in the pastoral care of the parish, including Fr. Finbarr Dowling.

Saint Anselm Facilities

The many activities of an active parish require facilities for meetings, social gatherings, and athletics. To maintain our facilities and coordinate their use requires guidelines, which are intended to best serve the needs of all.

Our facilities include:

PARISH CENTER - This building houses the Parish Offices and offers use of the auditorium and various classrooms for parish or Archdiocesan-sponsored events for religious, educational, or charitable purposes.

PARISH HOUSE - This facility is used for adult small group gatherings.

Permission to use the facilities must be obtained from our Director of Business Administration in the event of a non-parish affiliated event. The normal procedure for use of the parish facilities is to call the Parish Office at 314.878.2120 to communicate the day/time/facility requested, or email parishoffice@stanselmstl.org to start the process.

Parish Administration

THE PASTOR, Fr. Aidan McDermott, O.S.B., acting on behalf of the Archbishop, has the spiritual care of the parishioners. As a leader of the people of God, he works to help them become a living community of faith through worship, community life, service, and instruction in the faith.

THE PASTOR EMERITUS, Fr. Gerard Garrigan, O.S.B. remains involved in the pastoral work of the parish.

THE ASSOCIATE PASTOR Fr. Francis Hein, O.S.B. serves the parish with the pastor by celebrating the Mass and other sacraments, visiting the sick and overseeing various parish ministries, among other responsibilities. The pastor should be consulted about funeral arrangements upon the death of a parishioner. The priests are also available for spiritual guidance and counseling. **PERMANENT DEACONS** have both a liturgical role and a service role, which may be exercised in or beyond the parish.

PERMANENT DIACONATE - Permanent deacons are clerics who can perform all of the functions associated with their order. These include proclaiming the Gospel, preaching the homily, assisting the priest at Mass, celebrating Baptism, distributing Communion, presiding at funeral and burial services (but not celebrating the funeral Mass), acting as the official witness at weddings, and exercising certain ecclesiastical offices. Men 32 years of age or older who wish to consider this service should consult the pastor. Deacon Charlie Durban is our permanent deacon.

Parish Committees

THE PARISH COUNCIL is a consultative body, mandated by the Archbishop of St. Louis, whose purpose is to consider all important matters in the life of the parish and to advise the pastor in matters concerning the good of the parish community. For more information, please contact Rachel Micheletti at rachel.a.micheletti@gmail.com.

FINANCE COMMITTEE - This committee advises the pastor on matters in these areas and examines the budget before it is presented to the Parish Council. For more information, please contact Jim Nowicke at 314.882.7012 or jim.nowicke@gmail.com.

GRAND ENDEAVOR COMMITTEE - This committee advises the pastor on the partnership between Saint Anselm and Most Holy Trinity Parishes, fostering true community while focusing on prayer, service, and community. It facilitates support of Most Holy Trinity Catholic Church and Catholic education by encouraging all parishioners to share their time, talent, and treasure. For more information, please contact Steve McNair at stwmcnair@gmail.com.

HAITI COMMITTEE - This committee advises the pastor on social concerns regarding our parish support of the Haitian order of the Little Sisters of St. Therese of the Infant Jesus, who are caring for and educating the poor of that country. For more information, please contact Bob Kelly at 314.878.0254.

STEWARDSHIP COMMITTEE - In its mission, the Stewardship Committee at St. Anselm recognizes through Scripture that all Catholics have been called upon by God to share their unique talents and gifts and is committed to teaching and encouraging all parishioners to live as grateful and responsible stewards of the many blessings the Lord has bestowed on each of us. The primary responsibilities of the committee are to prepare, carry out, monitor, and follow-up the annual stewardship Educational Program and to keep the stewardship message alive within the parish throughout the year. For more information, please contact Jim Nowicke at 314.882.7012 or jim.nowicke@gmail.com.

WORSHIP & LITURGY COMMITTEE - The committee assists in planning the liturgical celebrations of our parish, including Advent, Christmas, Lent, Holy Week, and other important events. The captain from each liturgical ministry (extraordinary ministers, altar servers, lectors, ushers/greeters, etc.) helps with recruiting, training, and scheduling the various ministers for liturgical celebrations. Any parishioner interested in liturgy is welcome to contact Fr. Aidan McDermott at 314.878.2120 ext. 12 or fraidan@stanselmstl.org.



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For Your Information

COMMUNION CALLS - Any parishioner who is unable to attend our Sunday liturgies may receive Holy Communion at their home. Please contact the Parish Office at 314.878.2120 or parishoffice@stanselmstl.org if a member of your household is seriously ill or incapacitated in some manner.

FUNERALS - Our parish wants to assist you in whatever way we can in such a time of great need. Normally a Mass is celebrated at St. Anselm followed by burial at the chosen cemetery. The pastor generally presides; other priests are welcome to concelebrate. Funeral arrangements are made in consultation with the family, the funeral home, the parish priest, and the Director of Music. Ministry members are available to house-sit during the wake and/or funeral, as well as serve a catered or home-cooked meal following the funeral. For more information, please contact Fr. Aidan McDermott at 314.878.2120 ext. 12 or fraidan@stanselmstl.org.

HOSPITAL VISITS - Hospitals are no longer allowed to inform us of admissions. Please call the Parish Office at 314.878.2120 or parishoffice@stanselmstl.org when family members are admitted to the hospital.

JONAH PRAYER MINISTRY - Jonah Prayer Team Ministers are trained by the Archdiocese of St. Louis. All prayer requests are kept confidential. For more information, contact Helaine Boland at helaineb@gmail.com.

MARRIAGE LAW - Marriage is a covenant by which a man and woman establish between themselves a partnership of the whole of life, which of its very nature is ordered to the well-being of the spouses and to the procreation and upbringing of children. Many times going through the divorce process can be as painful as death; a divorced person needs the comfort and strength received from Reconciliation and Communion, as well as the support from other Catholics. Divorced Catholics who have not remarried and are in full communion with the Church can receive the sacraments. Divorced Catholics who remarry before their previous marriage is annulled should not receive the Sacrament of Communion. Catholics in these situations are still members of the Church and should attend Mass regularly and be involved in the prayer life of his/her parish.

All divorced Catholics have the opportunity to seek an annulment of their marriage, no matter the length of the marriage or the number of children involved. The annulment is *not* an effort to assess blame for marital breakdown, but to understand its root causes and to determine if a sacramental marriage truly existed.

If you have questions regarding the complex subject of annulments, please contact Fr. Aidan McDermott at 314.878.2120 ext. 12 or fraidan@stanselmstl.org and make a personal appointment.

MASS CARDS, INTENTIONS, & PRAYERS FOR

SPECIAL NEEDS - Please contact Beth Wade at 314.878.2120 ext. 11 or bwade@stanselmstl.org, or stop by the office in person to make arrangements. Intentions for the 6:30, 7:30, and 8:30 a.m. weekday Masses and the 4:30 p.m. Saturday Vigil Mass are published in the parish bulletin. The recommended Archdiocesan offering is \$10 for a Mass. There is a book at the north door of the Abbey Church for recording prayer intentions, and the Women's Fellowship has a Prayer Chain to submit prayer intentions to at helaineb@gmail.com.

SAFE ENVIRONMENT PROGRAM - Any individual who has contact with minors on a regular basis must complete this program before working with the youth of our parish. For more information, please contact Katelyn Hansell at 314.878.2120 ext. 11 or communications@stanselmstl.org.

SUPPORTING SAINT ANSELM PARISH - Registered parishioners receive envelopes to use for regular weekly contributions as well as Archdiocesan-sponsored special collections. For your convenience, we offer an online contribution program. Stock contributions may be made to the parish.

For further information, or if you choose to remember our parish in your estate planning, please contact Frances Schmitz at 314.878.2120 ext. 16 or fschmitz@stanselmstl.org, or visit the parish website at www.stanselmstl.org/s/giving-opportunities.

Other Resources

OFFICE OF LAITY & FAMILY LIFE..... 314.792.7170

ENGAGED - The first step is to call the Parish Office at 314.878.2120 or parishoffice@stanselmstl.org. The parish makes the basic arrangements, takes the couple through the pre-nuptial inquiry and FOCUS, and discusses the ceremony itself (readings, music, etc.). The next step is one of the following preparations: Engaged Encounter, Weekends for the Engaged, weekend programs, Preparing for Christian Marriage, or a series of videos and talks at various parishes. For information on any of the above, call Marriage Preparation, 314.792.7182, at the Office of Laity and Family Life. We also have parish couples who discuss the same material. They may be reached through the pastor, priest, or deacon planning to preside at the wedding.

MARRIED - Worldwide Marriage Encounter (www.stl-wwme.org - 314.469.7317), is a program to make good marriages better. Retrouvaille (www.retrouvaille.org - 1.800.470.2230) is a program for hurting marriages that begins with a retreat weekend, designed to start the process of healing and renewal.

SEPARATED, DIVORCED & WIDOWED - You can reach the Archdiocesan Office of Laity and Family Life's Ministry to the separated, divorced and widowed at 314.792.7171. The moderator for the West County group is Marlene Cheswick (314.576.1099 or cheswickm@yahoo.com).

ELDERLY - For adult day care, homemaker assistance in the home, transportation, nursing home placement, employment, and other services, call the Cardinal Ritter Institute at 314.961.8000. Note also the public service CALL-A-RIDE, 314.652.3617.

COUNSELING AND GUIDANCE - There are many Catholic services available for counseling and guidance. If you want additional information, please contact the Parish Office or pastor.

Precepts of the Church

The Catechism of the Catholic Church, in its Compendium, enumerates the following five precepts or commandments of the Church:

- You shall attend Mass on Sundays and on holy days of obligation and remain free from work or activity that could impede the sanctification of such days.
- You shall confess your sins at least once a year.
- You shall receive the sacrament of Eucharist at least during the Easter season.
- You shall observe the days of fasting and abstinence established by the Church.
- You shall help to provide for the needs of the Church.

Sacraments

BAPTISM - In Baptism, we are asked to walk by the light of Christ and to trust in His wisdom. Baptism takes away original sin and gives us a new birth in the Holy Spirit, Who moves us to answer Christ's call to holiness. We are invited to submit our hearts to Christ with ever-deeper love. Dates and times for baptism, as well as baptismal preparation sessions for parents anticipating the baptism of a first child, are arranged by contacting the Parish Office at 314.878.2120 or parishoffice@stanselmstl.org.

CONFESSION (SACRAMENT OF RECONCILIATION) - Confession is an experience of the gift of God's boundless mercy. Through Confession, if we are sorry for our sins, we receive God's forgiveness and healing grace through absolution by the priest. This sacrament is offered in the Abbey Church on Sundays 30 minutes before Masses; on Tuesdays/Thursdays at 5:00 p.m.; and on Saturdays after the 7:30 a.m. Mass or at 4:30 p.m. It is also offered once each semester for PSR (Parish School of Religion) students and their parents. The Sacrament of Reconciliation is also available on request by contacting the Parish Office at 314.878.2120 or parishoffice@stanselmstl.org.

HOLY COMMUNION - The celebration of the Eucharist in the Holy Mass is the "source and summit" of our faith. In the most blessed sacrament of the Eucharist, "the body and blood, together with the soul and divinity, of our Lord Jesus Christ and, therefore, the whole Christ is truly, really, and substantially contained." (Catechism of the Catholic Church) Our PSR students prepare for and receive their First Communion in the 2nd grade.

CONFIRMATION - In the Sacrament of Confirmation, a baptized person is "sealed with the gift of the Holy Spirit", and is strengthened for service to the Body of Christ. Confirmation is celebrated at the parish annually. 8th graders must attend the program designed to prepare them for this sacrament. Please contact Courtney Rockamann at 314.878.2120 ext. 18 or youth@stanselmstl.org. The preparation and celebration also requires a strong family involvement. Adults preparing for Confirmation should contact David Straub at 314.878.2120 ext. 19 or dstraub@stanselmstl.org.

Confirmation Teachers - These catechists, under the direction of the Director of Religious Education, assist in the preparation of the 8th graders to receive the Sacrament of Confirmation. Classes begin in September; the Confirmation Mass and ceremony is usually celebrated in April. For more information, please contact Courtney Rockamann at 314.878.2120 ext. 18 or youth@stanselmstl.org.

MARRIAGE - Marriage is a covenant, which is more than just a contract. The commitment of marriage implies mutual support and affection, and total faithfulness to one another in body and spirit. A couple intending marriage should approach the pastor or a deacon as soon as possible after engagement. St. Anselm follows the common policy of the Archdiocese of St. Louis that requires an assessment phase and a preparation phase for individuals before their marriage. A minimum of six months will be needed between initial contact and the marriage. The priest or deacon will outline the different options available, and the Director of Music will assist the couple with wedding music preparation. To start the process, please contact the Parish Office at 314.878.2120 or parishoffice@stanselmstl.org.

HOLY ORDERS/RELIGIOUS LIFE - Discernment is the prayerful process of discovering what God's plan is for your life, and the unique way He has called you to love and serve Him, either through marriage, religious life, or the consecrated single life. Our Archdiocese has great resources for men and women in discernment at www.archstl.org/office-of-consecrated-life, and www.vocationministry.com/resources/discerning has a wealth of resources for every stage of discernment. We also invite you to learn more about St. Louis Abbey (stlouisabbey.org) next door!

ANOINTING OF THE SICK - This sacrament unites a sick person's suffering with that of Jesus and brings forgiveness of sins, as well as the Holy Spirit's gift of peace and courage to deal with the difficulties of serious illness or old age. Anointing of the Sick may be administered to a Catholic prior to a serious operation, in the event of serious illness, for anyone who needs the Lord's healing power, or because of the immediate possibility of death. The sacrament may be received at church, in the home/ hospital, or wherever circumstances dictate. There is Mass with Anointing of the Sick on First Fridays in the Adoration Chapel, or you're invited to contact Fr. Francis Hein at 314.878.2120 ext. 20 or frfrancis@stanselmstl.org to make arrangements for the celebration of this sacrament of healing. **If there is urgent need for this sacrament**, please call either Fr. Gerard Garrigan at 314.606.4186, Fr. Francis Hein at 314.456.2652, or Fr. Aidan McDermott at 314.456.1302.

Liturgical Ministries

ALTAR SERVERS - Children who are in 4th grade or older and have received first Holy Communion are eligible to become altar servers for the Abbey Church and parish center Masses. We also have opportunities for adults who are interested in serving. Instructional training sessions are required. For more information, please contact Fr. Francis Hein at 314.878.2120 ext. 20 or at frfrancis@stanselmstl.org.

ALTAR SOCIETY - Parishioners of all ages are invited to assist in a variety of small, shared jobs to help maintain the church with light dusting and polishing, or they may assist with laundry of linens used in the Mass. For more information, please contact Mary Lu Fritz at 314.434.5142 or maryluwjs@aol.com.

ANNUAL CATHOLIC APPEAL - The Archdiocesan Annual Catholic Appeal is a yearly drive to raise funds in support of Archdiocesan programs with special emphasis on helping the poor and needy. For more information, please contact Frances Schmitz at 314.878.2120 ext. 16 or fschmitz@stanselmstl.org.

EUCCHARISTIC ADORATION - "Can you not watch one hour with Me?" (Matthew 26:40) "Do you want the Lord to give you many graces? Visit Him often." (St. John Bosco). Join in Eucharistic Adoration on Tuesdays and Thursdays between 7:00 a.m. and 4:00 p.m. in the Adoration Chapel on the lower level of the Parish Center. More adorers are always welcome! For more information, please contact Tricia Newell at 314.540.0034 or jnewelljr@charter.net.

EXTRAORDINARY MINISTERS OF HOLY

COMMUNION - Any adult who is a practicing Catholic may become an extraordinary minister. Training is provided before ministerial duties commence. For more information, please contact Patti Meitner at 314.786.5464.

LECTORS - Help make the readings come alive for everyone at Mass. Training is provided. For more information, please contact Rick Voytas at 314.786.5755.

SACRISTANS - The sacristan duties include preparing the liturgical items for Mass, such as the chalice, Communion vessels, purificators, hosts, and wine, as well as lighting candles, arranging for lighting, sound, and other necessary controls before and after Mass. A deep appreciation and faith in the Eucharist and the Mass is essential. For more information, please contact Fr. Francis Hein at 314.878.2120 ext. 20 or frfrancis@stanselmstl.org.

USHERS/GREETERS - These men and women parishioners ensure the church is presentable before and after Mass, assist in the seating of those who come to worship, collect offerings, help with orderly reception of Communion, assist with worship aids, and handle any emergency that may arise during Mass. As a minister of hospitality, members strive to personally and warmly welcome those arriving for worship – first impressions are very powerful. For more information, please contact Fr. Francis Hein at 314.878.2120 ext. 20 or frfrancis@stanselmstl.org.

Music Ministries

CHOIR - The primary function of the music program at St. Anselm Parish is to enhance our worship and enrich life in our community. Our aim is to bring, through music, the beauty and expression to engage and inspire our parish members. It is our hope that meaningful sacred music will foster fellowship among parishioners and build spiritual strength in their hearts and minds. The choir leads the assembly in singing and provides music at weekend Masses, and contributes to the parish celebrations of major Church feasts and solemnities. Join us to explore a wide variety of hymns and choral compositions and have an opportunity for vocal training and learning music fundamentals. There are always openings in choir and all are welcome! For more information, please contact Dr. Andrzej Zahorski at 314.878.2120 ext. 14 or zahorski@stanselmstl.org. For more information about the bell choir, please contact Betsy O'Halloran at 314.962.7269.

FAMILY MASS CHOIR - The youth choir leads music weekly for the Family Mass and engages the congregation in their vocal participation. We always welcome beginners in their stages of vocals and instruments to take part in this choir. To learn more about how you can lead others to Christ through music, please contact Carmen Hinze at 314.878.2120 ext. 23 or youthmusic@stanselmstl.org.

MUSIC PROGRAM ADVISORY BOARD - This is a group that meets occasionally to discuss the parish Music Program and helps plan and organize special events such as concerts or educational projects. We especially invite all those with an interest in music, education, and culture, or people who simply want to help organize parish events. For more information, please contact Dr. Andrzej Zahorski at 314.878.2120 ext. 14 or zahorski@stanselmstl.org.

Children's Activities

ATHLETIC ASSOCIATION - This association sponsors and supervises an extensive sports program for the youth of the parish and community. Membership consists of parents of children participating in the sports programs, and adults interested in helping support our sports programs. Sports include soccer and volleyball. Volunteers must be 18 or older, and are required to have completed screening through the Archdiocese's *Safe Environment* program. For more information, please contact John Steinhubl at stanselmathleticassociation@gmail.com.

CATECHESIS OF THE GOOD SHEPHERD (CGS) - "The Catechesis of the Good Shepherd was born from the joy of the children in their encounter with God and lives in being nourished by this joy. It has also been observed that children of the same developmental stage [...] respond to certain elements of the Christian message in the same way." (Catechesis of the Good Shepherd USA) Our Catechesis of the Good Shepherd program is offered for ages 3-5, and runs in tandem with our PSR program from 9:15 a.m.-10:45 a.m. on Sundays in August - May. For more information, please contact Greg Siemer at 314.878.2120 ext. 17 or gsiemer@stanselmstl.org.



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PARISH SCHOOL OF RELIGION (PSR) - PSR is a religious formation program for our parish children from 1st - 7th grade. Classes are on Sundays from 9:15 a.m. -10:45 a.m. The students are educated in the Catholic traditions, sacraments, Scripture, and prayers. We encourage our children to be active in stewardship roles within the parish, Sunday Mass, and our local community. We expect strong class attendance as well as participation in Sunday Mass and parish events. PSR students and their families will have many opportunities to attend Advent and Lenten reconciliation, prayer services, fundraisers, and social events. For more information, please contact Greg Siemer at 314.878.2120 ext. 17 or gsiemer@stanselmstl.org.

First Reconciliation (Confession) – This sacrament is celebrated each year in the first semester of 2nd grade. The preparation and celebration for this grace-filled sacrament require strong family participation.

First Holy Communion - This sacrament is celebrated each spring with our 2nd graders. We do require that the candidates have two years of catechetical preparation. We also require a strong family involvement in the preparation and celebration of this beautiful sacrament, which is celebrated together as a parish liturgy.

RITE OF CHRISTIAN INITIATION FOR CHILDREN

(RCIC) - Each and every person comes to know the faith in their own unique way and in God's good time. The Rite of Christian Initiation for Children (RCIC) specifically prepares children to receive the Sacraments of Initiation (Baptism, Eucharist, and Confirmation), typically at 7 or 8 years of age or older. Because of the unique character of RCIC, please reach out to Greg Siemer at 314.878.2120 ext. 17 or gsiemer@stanselmstl.org for more specific information.

TOTUS TUUS – Named for the Latin phrase meaning “Totally Yours”, the motto of Pope Saint John Paul II, Totus Tuus is a week-long summer program open to students entering grades 1st-6th in the fall. Each day runs 9:00 a.m.–3:00 p.m., and is filled with teachings, Sacraments, games, and much more! Participants will need to bring a sack lunch each day; snacks will be provided. Totus Tuus Mini is a shortened program for children ages 3 to 5. The program runs from 9:00 a.m.–12 :00 p.m. each day, and will touch on similar lessons as the main program. A snack will be provided each day. For more information, please contact Greg Siemer at 314.878.2120 ext. 17 or gsiemer@stanselmstl.org.

Youth Ministry

St. Anselm Youth Ministry is an engaging, authentic, joyful approach to forming middle school and high school teens in the Catholic faith. We strive to build a community of empowered young people through service-oriented, social, and spiritual activities that are connected to the parish and the community at large. Stay up to date with our many events by following us on Instagram (@anselm_yg) and liking us on Facebook (St. Anselm Youth Ministry)! For detailed information about any of the following programs, please contact Youth Minister Courtney Rockamann at 314.878.2120 ext. 18 or youth@stanselmstl.org.

CORE TEAM - The CORE team is an amazing group of adults who are passionate about leading teens to meet, know, love, and serve Christ. CORE members are adults, ages 19-99, who will be an important role model in teenagers' lives. The approach to ministry should be rooted in service, commitment, and dedication to the Church and the teenagers you serve. CORE Members are role models to all our teens, knowing that how you live and act makes a strong impression on teens. The CORE team works with our Youth Minister, Courtney Rockamann, to plan weekly STAY nights, annual retreats, social events, and much more. For more information about becoming a CORE team member, please contact Youth Minister Courtney Rockamann at 314.878.2120 ext. 18 or youth@stanselmstl.org.

STAY - All highschool students are invited to join us on Wednesdays from 7:00-9:00 p.m. in the Youth Room for STAY. Each week we break open topics of current issues in the lives of teenagers in an interactive yet relaxed setting so we can grow in relationship with our God and each other. The night always includes opportunity for fellowship, prayer, and praise and worship.

WEST COUNTY XLT - This is a gathering of six area parishes, geared to the youth but open to everyone, held on the fourth Wednesday of the month (September-May) in our parish center. Guest speakers begin the evening with a brief talk on various topics followed by time for Adoration with praise and worship music led by a full band and an opportunity to receive Reconciliation. Every XLT closes with Benediction and a social (snacks included!).

JUNIOR HIGH TRIVIA NIGHT - Each spring, 6th, 7th, and 8th grade students test their knowledge at this annual social that raises funds for our youth ministry retreats and events. Snacks, fun, and facts abound! Past themes include Hollywood, Game Night, and Superheroes.

LUKE 18 WEEKEND - This retreat welcomes 8th graders into the church by helping them experience God and His love. Through high-energy games, skits, songs, personal sharing, participation in the sacraments, prayer, and a series of talks given by high school students, the participants are encouraged to have fun and take one step deeper into their faith journey. The weekend offers the opportunity to experience God's love on a more personal level and share that love with those around them. Well-trained high school students give talks and lead small groups, helping the participants find ways to welcome God into their everyday lives.

STEBENVILLE CONFERENCE - Steubenville is a high-energy youth conference where thousands of teens are invited to encounter Jesus Christ through dynamic speakers, engaging music, the Sacraments, small group discussions, and fellowship with other teens. This event is held annually in July at Missouri State University in Springfield, MO.

FALL RETREAT - Every fall we steal away for the weekend to make new friends, relax, and connect with God away from the busyness of everyday life! Each year the theme and focus changes, but it always includes time for talks, small groups, sacraments, and a bonfire. This annual retreat is held in November at High Hill Christian Camp.

ACTS WEEK - For five days, teens spend the mornings serving at various sites in the St. Louis area followed by sharing a meal together. ACTS gives our youth a chance to see how the many nonprofits of our city work together to meet the needs of its residents. This annual event is held during the summer from 8:30 a.m.-1:00 p.m. Monday through Friday.

SERVE - Throughout the school year, service opportunities are offered once a month on Saturdays at agencies across St. Louis City and St. Louis County. SERVE is not only a great way for students to earn service hours for their schools and clubs but also to build community and be Christ to others. Details for month-to-month projects can be found in the parish bulletin or on our website.

Adult Faith Formation

This ministry further forms the Catholic faith of all the adults in the St. Anselm family. Throughout the year, we develop programs based on the needs and interests of parish adults, and the expertise and availability of our catechists. Past programs have included marriage enrichment, Archdiocesan-sponsored adult education programs, Scripture study, faith-focused discussion groups, and adult catechesis focused on helping parents further build their Domestic Church at home. The purpose of these catechetical opportunities is to draw the adults of St. Anselm into a deeper relationship with Jesus Christ. This should result in a correspondingly deeper sense of gratitude for all that God has provided, and also a deeper experience of worship when we gather at Mass. The Adult Faith Formation committee meets as needed to assess requests, available resources, and plan programming accordingly. Please see the parish website (www.stanselmstl.org) for updated programming. To volunteer as a catechist, to share your faith formation needs and interests, or to serve on the Adult Formation committee, please contact Fr. Francis Hein at 314.878.2120 ext. 20 or frfrancis@stanselmstl.org.

COME AND SEE – Based on the passage “Deep Calls to deep” (Psalm 42), this is a small group discussion led by Fr. Aidan McDermott that penetrates the depth of scripture, the writings of our Catholic Church fathers, and theological reflections. The group meets every Thursday from 12:00 - 1:00 p.m. in the Parish House. Please contact David Straub at 314.878.2120 ext. 19 or dstraub@stanselmstl.org if you have any questions or would like to join the group.

FORMED – *Formed.org* provides the best in Catholic content from over 60 different organizations – thousands of movies, children’s programming, documentaries, Bible studies, e-books, audio talks, and more! – accessible on your mobile device, tablet, or connected TV device. As St. Anselm parishioners, all you need is your e-mail address to get free, unlimited access to this content. Visit the parish homepage for the link and easy instructions to sign in, or contact Katelyn Hansell at 314.878.2120 ext. 11 or communications@stanselmstl.org.

IGNATIAN SPIRITUALITY PRAYER GROUPS – These two groups meet regularly to deepen their faith and grow spiritually, using books based on St. Ignatius of Loyola’s teachings.

Men’s Ignatian Spirituality - Gathers on first and third Thursdays from 6:30-8:00 p.m. Facilitated by Kim Pham and Deacon Charlie Durban. For more information, please contact Kim Pham at 314.662.6886, or the Parish Office at 314.878.2120 or parishoffice@stanselmstl.org.

Women’s Ignatian Spirituality - Gathers on Mondays from 2:00-3:00 p.m. in the Parish Center. Facilitated by Penny Durban. For more information, please contact Penny Durban at urban383@aol.com.

LECTIO DIVINA - Meets on Tuesday mornings from 9:30-11:00 a.m. each week. Please contact Mary Lou Fritz at 314.434.5142 or maryluwjs@aol.com for additional information.

ONLINE PRAYER GROUP – Meets on Tuesday mornings via Zoom from 9:00-10:00 a.m. each week. The hour begins with prayer intentions and praying the rosary, and ends with *lectio divina*. Please contact David Straub at 314.878.2120 ext. 19 or dstraub@stanselmstl.org for more information. If you are interested, but do not have experience with Zoom, or cannot meet on this day/time, please reach out to us!

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

- The RCIA is a faith ministry to initiate adult candidates into the spiritual life of the Roman Catholic Church. The RCIA is for unbaptized adults, or non-Catholic Christians who seek full communion with the Catholic Church, as well as Catholics who have been baptized but not yet catechized or confirmed. For more information, please contact Barbara Kruse at 314.422.3920 or barbarabroadviewfarm@gmail.com.

ROSARY GROUPS - The Rosary is prayed Monday-Saturday after 7:30 a.m. Mass in the Abbey Church; every Monday at 5:00 p.m. by the Grotto (Or in inclement weather, Fr. Aidan will lead the Rosary in the Adoration Chapel); and every Wednesday after 6:30 a.m. Mass (Adoration Chapel).

Other opportunities to pray with us:

- *Rosary for the Military* – Every Tuesday from 1:00–2:00 p.m. in the Adoration Chapel; Rosary and special prayers for those who serve our country. For more information, please contact Jeff and Ann Martin at jeffann@charter.net.
- *Cenacle for Life Pro-Life* - The third Tuesday of each month from 9:00-9:30 a.m.; Rosary and Eucharistic Adoration.
- *Women’s Fellowship First Friday Adoration, Rosary, & Lunch* –First Friday of each month at noon in the Adoration Chapel

WHITE HOUSE RETREATS – All members of the parish are invited annually to make a retreat at the White House Retreat Center (www.whitehouseretreat.org). These retreats, held separately for men and women in October, provide an opportunity to relax in quiet surroundings and to deepen one’s relationship with God. For more information about the Women’s White House Retreat, please contact Marge Aylward at 314.434.5585. For more information about the Men’s White House Retreat, please contact Jack Hodge at

314.614.0427 or Ron Jaudes at 314.560.3655.

Community Outreach

ACTS OF KINDNESS MINISTRY - This committee seeks to provide opportunities for the parish to actively grow in its understanding of Catholic social teaching and to live out the Gospel call for justice for all human beings. For more information, please contact Julia Masetti at juliamasetti@live.com.

CENACLE FOR LIFE - The Cenacle for Life Pro-Life Committee's mission is to support the spread of the culture of life throughout the parish community through prayer, education, and service.

- *Prayer* - We seek the intercession of Our Lady of Guadalupe with the Holy Spirit to pray for an end to abortion, to increase respect for all human life, and for the conversion and healing for those involved in anti-life activities.
- *Education* - We coordinate and support the activities of the Archdiocesan Respect Life Committee and disseminate information through meetings, bulletins, and announcements.
- *Service* - We plan and organize a number of events that promote awareness and raise funds for pro-life organizations.

Meetings are held monthly on the second Wednesday of the month at 8:00 a.m. following 7:30 a.m. Mass.

Opportunities for prayer include Monday-Saturday Rosary recitation after the 7:30 a.m. Mass; participation in the Living Rosary and the Spiritual Adoption program; Adoration and Mass at Our Lady of Guadalupe Chapel next to Planned Parenthood; and participation in the 40 Days for Life campaign.

Service activities include judging 8th grade student essays on chastity, volunteering to help organize the Valentine's Dinner-Dance in February and the Birthright Luncheon in the spring, and more! For more information, please contact Marge Merjavy at 314.580.1708 or marge.merjavy@gmail.com.

FUNERAL OUTREACH - This ministry is a very tangible way to care for others in our parish at the time of a death. Members are available to house-sit during the wake and/or funeral, as well as serve a catered or home-cooked meal at a reception following the funeral. For more information, please contact Marlene Cheswick at 314.576.1099 or cheswickm@yahoo.com.

GRAND ENDEAVOR - Grand Endeavor is a partnership between St. Anselm and Most Holy Trinity Parishes, fostering true community while focusing on prayer, service, and community. It facilitates support of Most Holy Trinity Catholic Church and Catholic education by encouraging all parishioners to share their time, talent, and treasure. The continuing financial support for Catholic education generated by the Grand Endeavor Scholarship Drive is vital to its success and essential to the many students who would not otherwise have access

to Catholic education. For more information, please contact Steve McNair at smcnair@stlcd.com.

HAITI COMMITTEE - Drawn by a desire to alleviate suffering in the poorest country in the Caribbean, our parish supports the Haitian order of the Little Sisters of St. Therese of the Infant Jesus, who care for and educate the poor of that country. For more information, please contact Bob Kelly at 314.878.0254.

NURSING HOME VOLUNTEERS - This ministry provides assistance for Mass attendance, Communion services, and visitation to nursing home residents. For more information, please contact David Straub at 314.878.2120 ext. 19 or dstraub@stanselmstl.org.

ST. PATRICK'S LUNCH PROGRAM - Volunteers deliver food items to the Parish Center, where the items are collected and taken to the St. Patrick Center to be used in their lunch program for the poor. Food items include pre-packaged salad, vegetables, croutons, dressings, etc. as they are sold in the grocery store, or canned vegetables or fruit. For more information, please contact Marge Aylward at 314.434.5585.

ST. VINCENT DE PAUL SOCIETY - SVdP's mission is to join together in a bond of friendship and grow spiritually by offering person-to-person service to those who are needy and suffering. All talents are welcomed and shared. The scope of our work is:

- To follow Christ through service to those in need and so bear witness to his compassionate and liberating love.
- To welcome assistance from anyone who is sincere and prepared to help, even in a small way.
- To bring any form of help that alleviates suffering or deprivation and promotes human dignity and personal integrity in all their dimensions.
- To serve those in need regardless of creed, ethnic or social background, health, gender, or political opinions.
- To establish relationships based on trust and friendship, not judging those they serve - listening and understanding with their hearts, beyond both words and appearances.

Vincentians find inspiration in Christ's life of service to others, growing spiritually, and never forgetting the many blessings they receive from those they visit. SVdP meets every Saturday morning at 8:00 a.m. in the Parish Center's lower level. For more information, please contact R.B. Clark III at 636.778.0357 or rbc3rd@sbcglobal.net.

ST. VINCENT DE PAUL FOOD PANTRY - Our Conference of St. Vincent DePaul Society has a food pantry for the needy. This food and other household necessities are collected and placed in the food pantry for distribution when St. Vincent De Paul members make their weekly visits. For more information, please contact R.B. Clark III at 636.778.0357 or rbc3rd@sbcglobal.net.



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Parish Social Groups & Activities

Participation is welcome! Please call the Parish Office for information at 314.878.2120. Activities are also announced in the bulletin and on their respective ministry pages on the parish website.

BIKE CLUB - This group meets on an irregular basis for random bike rides in the greater St. Louis area. All skill levels are welcome. For more information, please contact Jim Nowicke at 314.822.7012 or stanselmbikeclub@gmail.com.

CATHOLIC MEN FOR CHRIST - The mission of the St. Anselm Parish Catholic Men for Christ is to bring men of the parish together as disciples of Christ to deepen our Catholic faith, serve our parish and pastor, and provide education, evangelization, and fellowship opportunities. Meets on the first Thursday of the month at 7:30 p.m. For more information, please contact Bob Welsh at 314.805.7788 or rwwelsh77@att.net.

BACoN (Breakfast And Catholicism Now) - All men are invited on the first Thursday of every month for fellowship and breakfast at 7:00 a.m. in the Parish Center. Each month a guest speaker gives a short, inspirational message on various topics of men's spirituality. The breakfast concludes promptly at 7:45 a.m. For more information, please contact Bob Welsh at 314.805.7788 or rwwelsh77@att.net.

HOLY FAMILY PROJECT - A community of parents supporting one another as the primary teacher's of their child's faith. Come for donuts and a cup of coffee/juice or a chance to chat with other parents. We will meet in the Parish House on the second Sunday of the month from 9:15-10:40 a.m. Babysitting available. For more information, please contact David Straub at 314.878.2120 ext. 19 or dstraub@stanselmstl.org.

SOULCORE - This prayer experience nourishes the body, mind, and soul, combining the Rosary with core strengthening, stretching, and functional movement. SoulCORE sessions are Wednesdays at 10:30 a.m. in the lower level of the Parish Center. For more information, please contact Christine Hillenbrand at SoulCoreStLouis@gmail.com, or visit the Facebook page **SoulCorewithChristine**.

WOMEN'S FELLOWSHIP - Now in its fifth year, our mission is to build community among women through social, charitable and spiritual activities. All women of the church are welcome to attend any of our events (general and small interest gatherings) with their guests. All Women's Fellowship activities are announced in the bulletin and by email invitations. If you would like to be added to the Women's Fellowship's contact list, please notify the Parish Office and make sure they have your current email and cell phone number on file.

Women's Fellowship Interest Groups:

Bible Study - Women gather on a weekly basis to enrich their faith through Scriptures. *Mary- Virgin, Queen, and Mother* by Fr. Mitch Pacwa, SJ will start February 2022. Past studies for women have included *Living in the Father's Love* and *Opening Your Heart* from the *Walking with Purpose* series. Contact: Audrey Altepeter at 314.608.3580 or audreyaltepeter@hotmail.com.

Book Club - Join us once a month in the evening during the school year as we discuss various genres of books. All books selected are available from the public library. Please come as it meets your schedule. Contact: Rita O'Brien at ritaobrien@att.net.

Cultural Outings Group - Outings are organized a few times a year to a variety of local and regional points of interest. Art, music, history, and theater are just a few areas explored. Bulletin and email invitations are sent. RSVP responses are appreciated in order to plan a successful outing. Contact: Audrey Altepeter at 314.608.3580 or audreyaltepeter@hotmail.com.

Dinner Club - Meets a few times a year at different restaurants or hosted by one or a group of participants. Email invitations are sent and RSVPs are appreciated in order to secure group reservations. Contact: Linda Steiner at lsteiner_63141@yahoo.com.

Happy Hour - Meets a few times a year at different restaurants for appetizers and drinks. Email invitations are sent and RSVPs are appreciated in order to secure seating. Contact: Patty Ackerman at pattyack17@yahoo.com.

Martha and Mary - Provides support and meals during parish funeral and memorial Masses. Contact: Anne Herr at anneherr@hotmail.com.

Pins & Needles - Meets monthly to sew, crochet, knit, quilt, or embroider charitable projects for the parish and local community. No experience necessary - we provide directions and supplies. Contact: Elsie Winstead at eeepers@gmail.com.

Prayer Chain - If you have a passion to pray for others or need to be lifted by prayers, please contact us and join our prayer chain or submit your prayer requests. Feel free to use your name or an alias. Contact: Helaine Boland at helaineb@gmail.com. Requests can be submitted to the Parish Office at 314.878.2120 or parishoffice299@att.net.

Skills & Talents

GARDENING - These volunteers tend the plantings around the Parish House and the Parish Center and add flowers and plants as needed. For more information, please contact the Parish Office at 314.878.2120 or parishoffice@stanselmstl.org.

OFFERTORY TABULATING TEAMS - These parishioners volunteer their time on Monday mornings in alternating teams to open the offertory and special collection envelopes, count the currency, reconcile the envelopes and check/cash totals, and deposit the weekly receipts. Attention to detail and accuracy are necessary for this role. For more information, please contact David Schopp at davidschopp16@gmail.com.

OFFICE VOLUNTEER - These volunteers serve the parish by helping with office work by putting inserts in the weekly bulletin, helping with parish mailings, typing when there is a need, etc. For more information, please contact Katelyn Hansell at 314.878.2120 ext. 11 or communications@stanselmstl.org.

PHOTOGRAPHY - Individuals who enjoy photography are needed to take photos at liturgical events and parish activities. Photos will be used to enhance parish publications, the website, and the bulletin. For more information, please contact Katelyn Hansell at 314.878.2120 ext. 11 or communications@stanselmstl.org.

Saint Louis Abbey

The members of the monastic community, other than the pastor, are committed primarily to the work of the monastery and of the Saint Louis Priory School. The community celebrates its conventual Mass each day. These Masses are available to parishioners: the 9:00 a.m. Mass on Sunday morning, the 5:30 p.m. Mass on Monday through Thursday, and the 8:45 a.m. Mass on Saturday morning. During Holy Week, the monastery and the parish collaborate to celebrate a common liturgy.

MONASTIC COMMUNITY

Monastery Phone 314.434.3690
 Right Rev. Gregory Mohrman, O.S.B., Abbot..... 314.434.3712
 Very Rev. Cassian Koenemann, O.S.B., Prior.....
 314.434.3690 ext. 345
 Very Rev. Linus Dolce, O.S.B., Subprior
 314.434.3690 ext. 360

In Solemn Vows

Right Rev. Thomas Frerking, O.S.B.
 Fr. Benedict Allin, O.S.B. Fr. Laurence Kriegshauser, O.S.B.
 Fr. Ambrose Bennett, O.S.B. Fr. Dominic Lenk, O.S.B.
 Fr. Finbarr Dowling, O.S.B.
 Fr. Aidan McDermott, O.S.B.

 Fr. Cuthbert Elliott, O.S.B.
 Fr. Gerard Garrigan, O.S.B. Fr. Andrew Senay, O.S.B.
 Br. Symeon Gillette, O.S.B. Br. Athanasius Soto, O.S.B.
 Br. Hugh Goossens, O.S.B. Fr. Augustine Wetta, O.S.B.
 Fr. Francis Hein, O.S.B. Fr. Ralph Wright, O.S.B.
 Br. Mark Kammerer, O.S.B.

In Simple Vows

Oblate

Br. Philip O'Donnell

The Divine Office

The monastic community prays the Divine Office in the Abbey Church. The monks' lives are centered in prayer, and they invite us to join them in prayer.

Sunday

Lauds 8:15 a.m.
 Sext 12:15 p.m.
 Vespers (w/ Benediction) 5:30 p.m.

Monday-Friday

Lauds 6:55 a.m.
 Sext 11:45 a.m.
 Vespers after 5:30 p.m. Mass
 Compline 7:40 p.m.

Saturday

Lauds 8:15 a.m.
 Sext 12:15 p.m.
 Vespers 6:15 p.m.

Schedule subject to change for holidays and vacations. Please call the monastery at 314.434.3690 for more information.

Religious Communities Nearby

BROTHERS OF THE CHRISTIAN SCHOOLS

(De La Salle Christian Brothers)

Vaugirard Community - 1855 De La Salle Drive -
 314.985.6090

The Christian Brothers are a congregation of lay religious men, founded in 1680 by St. John Baptist de La Salle to serve the educational needs of the poor children of France. Today, aided by thousands of Lasallian partners, the brothers serve in education-related works in over 80 countries of the world.

The Brothers came to St. Louis in 1849 and began teaching at the Cathedral Parish School for Boys, next to the "Old Cathedral" downtown. In 1850, Christian Brothers College was founded at 8th and Cerre Streets. In 2003, the fourth campus of Christian Brothers College High School opened in Town & Country. St. John Baptist de La Salle was proclaimed patron saint of teachers in 1950. In the Archdiocese, the Christian Brothers also sponsor De La Salle Middle School at St. Matthew's Parish in north St. Louis and La Salle Retreat Center in Wildwood.

MISSIONARY SISTERS OF ST. PETER CLAVER

667 Woods Mill
 314.469.4932

The charism of the Missionary Sisters of St. Peter Claver is to stay behind the scenes and support the missionary work of spreading the Gospel and to make it more effective. Their goal is the salvation of souls. The Sisters offer their consecrated lives, daily prayers, and various activities for missionaries. Blending their prayer life with countless activities on behalf of the missions, the Sisters are contemplatives in action.

RELIGIOUS OF THE SACRED HEART

Mason Road Community - 541 S. Mason Rd.
 314.878.6705

The Religious of the Sacred Heart are the oldest congregation of women religious in the diocese. The only canonized saint of St. Louis, St. Rose Philippine Duchesne, brought them here in 1818. Villa Duchesne/Oak Hill Academy, Maryville University, and Academy of the Sacred Heart are staffed by or related to the Religious of the Sacred Heart.

RETREAT HOUSES

Marianist Apostolic Center 636.938.5390
 Mercy Retreat and Conference Center 314.966.4686
 Pallottine Renewal Center 314.837.7100
 White House Retreat Center 314.416.6400
 Kings House..... 1.800.779.7909
 La Salle Retreat Center 636.938.5374
 Il Ritiro Franciscan Retreat 636.274.0554

Catholic Prayers

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired by this confidence, we fly unto you, O Virgin of virgins, our Mother! To you we come, before you we stand, sinful and sorrowful. O Mother of the Word incarnate, despise not our petitions, but in your mercy hear and answer us. Amen.

Prayer to St. Joseph

Loving St. Joseph, may your holy life be an inspiration to me when I find it difficult to be faithful in the fulfillment of my duties. You are now glorified with Jesus and Mary and are a powerful intercessor at the throne of God. Blessed foster-father of Jesus, extend to me the same tender care with which you protected Jesus and Mary, that I may walk securely in the path of salvation. Obtain for me strong faith, ardent love, and zeal in doing good. With Jesus and Mary, help me at the hour of my death so that I may partake of the complete redemption of the children of God and eternally praise the Father, Son, and Holy Spirit. Amen.

Prayer of Compassion

O Lord, we bring before You the distress and dangers of peoples and nations, the pleas of the imprisoned and captive, the sorrows of the grief-stricken, the needs of the refugee, the impotence of the weak, the weariness of the despondent, and the diminishment of the aging. O Lord, stay close to all of them. (St. Anselm)

Prayer of St. Ignatius Loyola

Teach us, good Lord, to serve You as You deserve: to give and not to count the cost; to fight and not to heed the wounds; to toil and not to seek for rest; to labor and not ask for any reward save that of knowing that we do Your will.

Morning Prayer

Father, may all we do today be inspired by You and continue with Your saving help. Let our work always begin with Your blessing and through You reach completion. Amen.

Lord God, You bring us to the beginning of this day. By Your guidance may we not fail today, but grant that all our thoughts, words, and activity may be in accord with Your will. Amen.

Lord of the morning, noon, and evening, we pray: Cast out darkness from our hearts and send us the light of Your truth, so that we may be guided by You today and walk in Your love. We ask this through Christ our Lord. Amen.

Evening Prayer

Almighty God, we thank You for bringing us safely to the end of this day. We offer You the work of our hands as a sacrifice before Your sight. We make this prayer through Christ our Lord. Amen.

Father of mercy, may our hearts never waver from loving Your law. Lead us on through the darkness to the dawning of eternal life. We ask this through Jesus Christ. Amen.

May He support us all the day long, till the shades lengthen and the evening comes, and the busy world is hushed and the fever of life is over, and our work is done – then in His mercy may He give us a safe lodging and a holy rest and peace at last.

St. Anselm Parish Stewardship Prayer

Heavenly Father, we thank You for all the many blessings that You have poured down upon us. We thank You for the many blessings that You have given to our parish community.

We know that You have given us all the gifts necessary to do Your work here at St. Anselm. Please give us the courage and the trust to bring those gifts forward to Your altar.

Guide us in our work here at St. Anselm so that we may use our time, talent, and treasure wisely. Send Your Spirit down upon us and help us to be ever grateful, faithful, generous, and trusting.

We ask this through your Son, our Lord Jesus Christ, who taught us, *Much will be required of the person entrusted with much, and still more will be demanded of the person entrusted with more.* (Luke 12:24). Amen.

For more information about our parish visit our website at www.stanselmstl.org